

ReadyWise Bucket contents:

60 Serving Entrée Only Bucket

What's included in this kit?

- 1 pouch of Cheesy Lasagna (4 total servings)
- 2 pouches of Creamy Pasta (8 total servings)
- 1 pouch of Pasta Alfredo (4 total servings)
- 1 pouch of Chili Mac (4 total servings)
- 1 pouch of Chicken Noodle Soup (4 total servings)
- 2 pouches of Savory Stroganoff (8 total servings)
- 1 pouch of Hearty Tortilla Soup (4 total servings)
- 1 pouch of Potato Pot Pie (4 total servings)
- 1 pouch of Teriyaki and Rice (4 total servings)
- 1 pouch of Baked Potato Casserole (4 total servings)
- 1 pouch of Tomato Basil Soup (4 total servings)
- 1 pouch of Southwest Beans and Rice (4 total servings)
- 1 pouch of Cheesy Macaroni (4 total servings)

120 Serving Entrée Only Bucket

What's included in this kit?

- 2 pouches of Cheesy Lasagna (8 total servings)
- 3 pouches of Creamy Pasta (12 total servings)
- 2 pouches of Pasta Alfredo (8 total servings)
- 2 pouches of Chili Mac (8 total servings)
- 3 pouches of Chicken Noodle Soup (12 total servings)
- 3 pouches of Savory Stroganoff (12 total servings)
- 2 pouches of Hearty Tortilla Soup (8 total servings)
- 2 pouches of Potato Pot Pie (8 total servings)
- 1 pouch of Teriyaki and Rice (4 total servings)
- 2 pouches of Baked Potato Casserole (8 total servings)
- 3 pouches of Tomato Basil Soup (12 total servings)
- 3 pouches of Southwest Beans and Rice (12 total servings)
- 2 pouches of Cheesy Macaroni (8 total servings)



Nutrition Facts	
Serving Size 1/2 Cup (12g)	
Amount Per Serving	
Calories	270
% Daily Value*	
Total Fat 10g	20%
Sodium 100mg	20%
Total Carb 45g	90%
Total Protein 10g	20%
Total Fat 10g	20%
Sodium 100mg	20%
Total Carb 45g	90%
Total Protein 10g	20%



Nutrition Facts	
Serving Size 1/2 Cup (12g)	
Amount Per Serving	
Calories	210
% Daily Value*	
Total Fat 10g	20%
Sodium 100mg	20%
Total Carb 45g	90%
Total Protein 10g	20%
Total Fat 10g	20%
Sodium 100mg	20%
Total Carb 45g	90%
Total Protein 10g	20%



Nutrition Facts	
Serving Size 1/2 Pot (12g)	
Amount Per Serving	
Calories	190
% Daily Value*	
Total Fat 10g	20%
Sodium 100mg	20%
Total Carb 45g	90%
Total Protein 10g	20%
Total Fat 10g	20%
Sodium 100mg	20%
Total Carb 45g	90%
Total Protein 10g	20%



Nutrition Facts	
Serving Size 1/2 Pot (12g)	
Amount Per Serving	
Calories	200
% Daily Value*	
Total Fat 10g	20%
Sodium 100mg	20%
Total Carb 45g	90%
Total Protein 10g	20%
Total Fat 10g	20%
Sodium 100mg	20%
Total Carb 45g	90%
Total Protein 10g	20%

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120 Serving Breakfast Entrée Bucket

What's included in this kit?

- 5 pouches of Strawberry Granola Crunch (20 Servings)
- 10 pouches of Brown Sugar and Maple Multi-Grain Cereal (40 Servings)
- 5 pouches of Crunchy Granola (20 Servings)
- 10 pouches of Apple Cinnamon Cereal (40 Servings)



Nutrition Facts	
4 servings per container Serving Size: 1/2 Pouch (85g)	
Amount Per Serving	
Calories 190	
Total Fat 12g	24%
Total Fiber 12g	24%
Total Sugar 12g	24%
Total Carbohydrate 12g	24%
Total Protein 12g	24%
Total Fat 12g	24%
Total Fiber 12g	24%
Total Sugar 12g	24%
Total Carbohydrate 12g	24%
Total Protein 12g	24%



Nutrition Facts	
4 servings per container Serving Size: 1/2 Pouch (85g)	
Amount Per Serving	
Calories 250	
Total Fat 12g	24%
Total Fiber 12g	24%
Total Sugar 12g	24%
Total Carbohydrate 12g	24%
Total Protein 12g	24%
Total Fat 12g	24%
Total Fiber 12g	24%
Total Sugar 12g	24%
Total Carbohydrate 12g	24%
Total Protein 12g	24%



Nutrition Facts	
4 servings per container Serving Size: 1/2 Pouch (85g)	
Amount Per Serving	
Calories 230	
Total Fat 12g	24%
Total Fiber 12g	24%
Total Sugar 12g	24%
Total Carbohydrate 12g	24%
Total Protein 12g	24%
Total Fat 12g	24%
Total Fiber 12g	24%
Total Sugar 12g	24%
Total Carbohydrate 12g	24%
Total Protein 12g	24%



Nutrition Facts	
4 servings per container Serving Size: 1/2 Pouch (85g)	
Amount Per Serving	
Calories 260	
Total Fat 12g	24%
Total Fiber 12g	24%
Total Sugar 12g	24%
Total Carbohydrate 12g	24%
Total Protein 12g	24%
Total Fat 12g	24%
Total Fiber 12g	24%
Total Sugar 12g	24%
Total Carbohydrate 12g	24%
Total Protein 12g	24%

120 Serving Fruit Bucket

What's included in this bucket?

- 4 pouches of Bananas (8 servings ea.)
- 2 pouches of Peaches (8 servings ea.)
- 4 pouches of Strawberries (8 servings ea.)
- 5 pouches of Apples (8 servings ea.)



FREEZE DRIED APPLES	
Nutrition Facts	
Serving Size 1/8 pouch (1oz)	
Amount Per Serving	
Calories	20
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 4g	8%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Protein 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*Percent Daily Values are based on a diet of other people's secrets.	
INGREDIENTS: Apples, Other Aids	
NET WT 3.6 oz (102g)	
CONTAINS: 5 Pouches	



FREEZE DRIED BANANAS	
Nutrition Facts	
Serving Size 1/8 pouch (1.1oz)	
Amount Per Serving	
Calories	30
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	10%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Protein 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*Percent Daily Values are based on a diet of other people's secrets.	
INGREDIENTS: Bananas, Other Aids	
NET WT 3.6 oz (102g)	
CONTAINS: 4 Pouches	



FREEZE DRIED PEACHES	
Nutrition Facts	
Serving Size 1/8 pouch (1.0oz)	
Amount Per Serving	
Calories	35
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	12%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Protein 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*Percent Daily Values are based on a diet of other people's secrets.	
INGREDIENTS: Peaches, Sugar	
NET WT 3.6 oz (102g)	
CONTAINS: 2 Pouches	



FREEZE DRIED STRAWBERRIES	
Nutrition Facts	
Serving Size 1/8 pouch (1oz)	
Amount Per Serving	
Calories	15
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 4g	8%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Protein 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
*Percent Daily Values are based on a diet of other people's secrets.	
INGREDIENTS: Strawberries	
NET WT 3.6 oz (102g)	
CONTAINS: 4 Pouches	

120 Serving Freeze Dried Vegetable Bucket

What's included in this bucket?

- 4 pouches of Corn (8 servings ea.)
- 3 pouches of Peas (8 servings ea.)
- 4 pouches of Broccoli (8 servings ea.)
- 4 pouches of Green Beans (8 servings ea.)



FREEZE DRIED BROCCOLI	
Nutrition Facts	
8 servings per container	
Serving Size 1/8 pouch (14g)	
Amount Per Serving	
Calories	10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 3mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Total Crap 0g	0%
*Percent Daily Values are based on a diet of complete avoidance.	
CONTAINS: 4 Pouches	



FREEZE DRIED CORN	
Nutrition Facts	
8 servings per container	
Serving Size 1/8 pouch (14g)	
Amount Per Serving	
Calories	40
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 3mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Total Crap 0g	0%
*Percent Daily Values are based on a diet of complete avoidance.	
CONTAINS: 4 Pouches	



FREEZE DRIED GREEN BEANS	
Nutrition Facts	
8 servings per container	
Serving Size 1/8 pouch (14g)	
Amount Per Serving	
Calories	10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 3mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Total Crap 0g	0%
*Percent Daily Values are based on a diet of complete avoidance.	
CONTAINS: 4 Pouches	



FREEZE DRIED PEAS	
Nutrition Facts	
8 servings per container	
Serving Size 1/8 pouch (14g)	
Amount Per Serving	
Calories	45
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 3mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Total Crap 0g	0%
*Percent Daily Values are based on a diet of complete avoidance.	
CONTAINS: 3 Pouches	